

# WELCH

## June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May 3<sup>rd</sup> – Parent and Swimmer Info Session</b> 11:00-1:00PM at Welch Pool Suit try-ons, coaches meet swimmers, apparel sales, Q&A						
8	<b>9</b> <b>First Regular Practice</b> 6:45-9:45 (all weekdays unless noted)	10	11	12	13	14 <b>Shark Tank Sprint Meet</b> 8:00-10:00
15	<b>16</b> <b>Concession Donations Due</b>	<b>17</b> <b>Home Meet (Penns Valley)</b> Theme: <b>Red, White, &amp; Blue</b>	18	19	20	21
22	<b>23</b> <b>Ice Cream Social</b> Holmes-Foster Park @ 6:00pm	24	25	<b>26</b> <b>Home Meet (Park Forest)</b> Theme: <i>Welch Gear</i> <b>Team Picture!</b>	<b>27</b> <b>Modified Practice</b> 11+ from 8-8:45 9-10 from 8:45-9:30 8&U from 9:20-9:55	28

# WELCH

## July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	<b>3</b> <b>Away Meet (SPRA)</b> Theme: <i>All Things GOLD!</i>	<b>4</b> <b>Olympic Games &amp; Penny Day at Practice!</b>	5
6	7	8	9	<b>10</b> <b>Away Meet (Park Forest)</b> Theme: <b>Superheroes</b>	11 Modified Practice	12
13	14	15	16	<b>17</b> <b>Home Meet (SPRA)</b> Theme: <i>The 80s!</i>	18 Modified Practice	19
20	<b>21</b> <b>Delgrosso's Day</b>	22	23	<b>24</b> <b>Away Meet (Penns Valley)</b> Theme: <i>Star Wars</i>	25 Modified Practice	<b>26</b> <b>Day of Joy Relay Meet @ PF</b> <b>8:00-noon</b>
27	28	<b>29</b> <b>Champs at SPRA – Ages 11+</b> Theme: <i>Christmas in July</i>	30	<b>31</b> <b>Champs at Park Forest – 10 &amp; Under</b> Theme: <i>Christmas in July</i>	<b>Aug 1</b> <b>Team Awards &amp; Brunch</b> <b>8:30-10:30am</b> Welch Pool	2